



Powers Elementary

BREAKFAST MENU

2022-2023 2-week cycle

Breakfast Price of \$1.80

Includes choice of 3 or 4 components:
Grains or Grain+Protein, Fruit and Milk.

**Reduced Price Breakfast
Costs \$0.30 for those who qualify**

Breakfast begins at 8:35 AM

WEEK 1

MON	TUE	WED	THURSDAY	FRIDAY
WG Frudel(%) Choice of Fruit Milk(%)	WG Apple Cinna. Bread(*%^) Choice of Fruit Milk(%)	WG Muffin(*^%) Choice of Fruit Milk(%)	WG Pancakes(%) Choice of Fruit Milk(%)	WG Cocoa Berry Bar(*) Choice of Fruit Milk(%)

WEEK 2

MON	TUE	WED	THU	FRI
WG Poptart(*) Choice of Fruit Milk(%)	WG Donut(%) Choice of Fruit Milk(%)	Ultimate Breakfast Round(*%^) Choice of Fruit Milk(%)	WG Waffles(*%^) Choice of Fruit Milk(%)	WG French Toast(*%^) Choice of Fruit Milk(%)

All items listed are available
to purchase A la Carte

Allergens

* = gluten	^ = egg	% = dairy	# = may contain nuts
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These are only a GUIDE.

This institution is an equal opportunity provider.