



# GO AMHERST COMETS!

## February

## AJH Lunch Menu

Menu subject to change  
WEDNESDAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 CHICKEN PATTY W/ BAKED SMILES AJH PIZZA SALAD LUNCH FRUIT/VEG. CHOICES MILK	2 BOSCO STICKS w/marinara AJH PIZZA SALAD LUNCH VEG/FRUIT CHOICES TREAT MILK	3 Corn Dog or BBQ Riblet PIZZA CRUNCHERS SALAD LUNCH FRUIT/VEG CHOICES BAKED BEANS/MILK
6 WALKING TACO SALAD LUNCH FRENCH BREAD PIZZA Rice and refried beans FRUIT/VEG CHOICES MILK	7 POPCORN CHICKEN W/ TRI TATERS AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK	8 CHICKEN PATTY W/ BAKED SMILES AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK	9 Pasta with meat sauce/Roll or Stromboli with marinara AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK/TREAT	10 SP. CHICKEN PATTY OR TOASTED CHEESE w/ chips PIZZA CRUNCHERS SALAD LUNCH FRUIT/VEG CHOICES BAKED BEANS/MILK
13 BEEFY CHEESE NACHOS FRENCH BREAD PIZZA SALAD LUNCH RICE/REFRIED BEANS FRUIT/VEG CHOICES MILK	14 MINI CORN DOGS W./ SMILES AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES VALENTINE TREAT MILK	15 CHICKEN PATTY W/ TATER TOTS AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK MILK	16 MOZARELLA STICKS W/ MARINARA AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES Presidents Day treat milk	17 
20 	21 CHICKEN TENDERS BAKED SMILES AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK	22 ( LENT ) Mac and Cheese w/a soft pretzel POT STICKERS AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK	23 CHEESEBURGER W/ FRIES SALAD LUNCH AJH PIZZA FRUIT/VEG CHOICES MILK	24 HOT DOG or FISH W/ BAKED CHIPS PIZZA CRUNCHERS SALAD LUNCH FRUIT/VEG CHOICE BAKED BEANS/ MILK MILK
27 FIESTADA FRENCH BREAD PIZZA FIESTA RICE REFRIED BEANS FRUIT/VEG CHOICES MILK	28 BONELESS WINGS BAKED TRI-TATERS AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK	<div> <div> <div>Cost for Breakfast \$2.35</div> <div>Cost Lunch \$3.60</div> <div>Reduced cost Breakfast \$.30 Lunch \$.40</div> <div>Milk by itself costs \$.50.</div> <div>Please visit <a href="http://www.payschoolscentral.com">www.payschoolscentral.com</a></div> <div>to add money to your child's account.</div> </div> <div> <div>OFFERED DAILY:</div> <div>Pizza</div> <div>PB &amp; J Sandwich</div> <div>ASSORTED FRUIT CHOICES</div> <div>ASSORTED MILK</div> </div> </div> <td> <div>Lunch includes</div> <div>5 components: Protein, Grain, Fruit, Vegetable &amp; Milk.</div> <div>Students must choose 3-5 components, one being a fruit or vegetable.</div> </td>		<div>Lunch includes</div> <div>5 components: Protein, Grain, Fruit, Vegetable &amp; Milk.</div> <div>Students must choose 3-5 components, one being a fruit or vegetable.</div>

USDA is an equal opportunity provider and employer

Email Deanne Kelbley, RD, LD, SNS with any questions about the National School Breakfast & Lunch Programs:

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