

# Amherst Football



www.amherstfootball.com



## OFFENSE

QB: Stance, Drops, Ball Handling, Throwing Mechanics

RB: Stance, Hand-Offs, Running Skills, Receiving, Blocking

Receiver: Stance, Catching, Running Routes, Blocking

Line: Stance, Drive Block, Combo Blocks, Pulling & Trapping, Pass Protection



## DEFENSE

LB: Stance, Footwork, Tackling, Reads, Pass Coverage, Blitz Technique, Turnovers

DL: Stance, Tackling, Defeating Blocks, Footwork, Pass Rush, Turnovers

DB: Stance, Tackling, Coverage, Turnovers



# JR. HIGH FOOTBALL CAMP

JULY 6TH-7TH, 2020 (12:00 - 2:00)

This is the 1st annual Junior High Football Camp under the direction of Kenneth Fritz, Amherst Steele High School Head Football Coach. The Steele Varsity staff, players, and Jr. High staff will assist with the camp. **THIS IS A NON-CONTACT CAMP.**

Our main focus will be on teaching the fundamentals of the game of football, exposing each camper to all the different football positions and terminology. This camp will take place at the High School practice fields.

**REGISTER HERE:** <https://amherststeelecomets.com/amherst-event-tickets/>

IF pre-registering, head to the link and fill out the online registration. \$25 dollars to pre-register. If showing up the day of the cost is \$30 and you must fill out page two, to bring on Day 1 of camp.

Pay online, OR make check payable for \$25 to "Comet Athletic Boosters" and return Application and Check to:

Attn: Coach Fritz  
Comet Youth Football Camp  
450 Washington St.  
Amherst, Ohio 44001



**July 6th - 7th 12:00 pm - 2 pm**



July 6th-7th, 2021 (12:00 -2:00 pm .) at High School Practice Fields

Application Deadline:

Player's Name\_\_\_\_\_ Entering Grade\_\_\_\_\_

Parent's Name(s)\_\_\_\_\_

Address\_\_\_\_\_

Home Phone\_\_\_\_\_ Work Phone\_\_\_\_\_

Emergency Contact (name & phone)\_\_\_\_\_

T-Shirt Size (circle one)

adult    s            m            l            xl            xxl

child    s            m            l

In consideration of your acceptance of the entry, I hereby for myself, my heirs, executors and administrators waive and release any and all rights and claims for damages I may have against Comet Youth Football Camp, Amherst Exempted Village Schools or all sponsors, members of the camp staff, their representatives, successors and assigns for any and all injuries suffered by me in said camp. I further attest that my child is physically fit and their physical condition has been verified by a licensed medical doctor.

Parent Signature\_\_\_\_\_

Date\_\_\_\_\_