



AMHERST JUNIOR HIGH

ATHLETIC HANDBOOK

PROUD TO BE A COMET
Rev. 8/13/18

THE HISTORY OF THE SWC

The Southwestern Conference was established in 1937 as a three-team league with Berea, Oberlin and Rocky River school districts. Five teams were added in the 1940's as the league accepted new members. These school districts included Fairview (1940), Clearview (1945), Wellington (1946) and Amherst (1947) and Medina (1947). The SWC remained intact for seven years.

In 1954 when Amherst, Clearview, Berea, and Wellington left the SWC to join the newly created Lakeland Conference. Bay Village, Westlake, North Olmsted, and Olmsted Falls were subsequently admitted to the conference. The SWC remained unchanged until 1964 when Oberlin departed and Avon Lake was added. In 1986, Medina left for the Pioneer Conference and Amherst was readmitted after a thirty-two year absence.

In 2005, Fairview, Rocky River and Bay Village left the SWC to join the newly created West Shore. Subsequently, Brecksville-Broadview Heights, Berea-Roehm Middle School and Midpark- Ford Middle School were admitted to the conference. In 2013, Ford and Roehm combined to form Middleburg Heights Junior High. In 2015, Brecksville-Broadview Heights left the SWC, and Avon, North Ridgeville, Midview, and Lakewood were added, expanding the league to ten schools.

Today, The Southwestern Conference provides athletic competition for male and female athletes. The conference also sponsors a variety of academic and arts activities for students. The Junior High/ Middle School component of the Southwestern Conference was formed in 1992.

1. Amherst	Amherst Junior High School
2. Avon	Avon Middle School
3. Avon Lake	Learwood Middle School
4. Berea	Middleburg Heights Junior High
5. Lakewood	Garfield Middle School and Harding Middle School
6. Midview	Midview Middle School
7. North Olmsted	North Olmsted Middle School
8. North Ridgeville	North Ridgeville Middle School
9. Olmsted Falls	Olmsted Falls Middle School
10. Westlake	Lee Burneson Middle School

ADMISSIONS

The collection of gate receipts is until the end of the event unless conditions warrant otherwise.

ALL SPORTS

Students	\$ 1.00
Adults	\$ 3.00
Seniors	\$ 1.00

STARTING TIMES

All conference games will begin at 4:30 p.m. if possible, unless both schools establish a different starting time.

CANCELLATIONS

Schools are sometimes closed during the course of the school year for various reasons, and these closings result in scheduling and financial problems for the schools involved. Therefore, the following positions have been adopted:

1. Athletic events and strikes.

When a strike takes place and the school is officially open, the home school will determine whether the game is to be played.

Should school be closed during a strike, or the school having the strike does not want to participate and officials cannot be canceled, then the striking school must pay the officials. The game is also forfeited.

2. Schools closed due to inclement weather.

If either school is closed due to inclement weather, no league contest will take place. Games should be rescheduled at the convenience of both schools. In the event schools are closed on Friday or the day preceding a non-scheduled school day, the decision to play the day following shall be made by the schools involved.

GENERAL POLICY

1. The Principals SWC schools will be charged with the responsibility of interpreting league policy and making rulings based on the policy.
2. The chairperson of the athletic directors follows the same rotation as the president.
3. Signs, megaphones and mechanical noisemakers at indoor athletic events are prohibited.

OFFICIALS

Each school is responsible for hiring officials for their home games. Rated officials are to be used whenever possible. The following is a list of the number of officials recommended for each sport.

Basketball	2
Cross Country	1
Football	3
Softball	1
Track	1
Volleyball	1
Wrestling	1

SPORTS (INDIVIDUAL REGULATIONS)

BASKETBALL

The home team will wear light shirts. Six minute quarters will be played in all games. The home school will provide basketballs for both teams for warm-up (minimum of four or more).

CROSS COUNTRY

All meets shall be scored according to OHSAA rules. Time of the race will be determined by the schools involved.

FOOTBALL

Eight minute quarters will be played in all games. OHSAA rules will govern all games.

SOFTBALL

Seven (7) innings will be played in a game.

TRACK

Track has thirteen (13) events. Athletes must wear same shirts to compete in meets.

VOLLEYBALL

The best two out of three games format will be used. OHSAA rules will govern all games with the exception of officials. The home school will provide volleyballs for both teams for warm-up (minimum of four or more).

WRESTLING

OHSAA rules will govern all matches.

END OF SEASON TOURNAMENTS

Invitations are to be extended to each conference school for all post season tournaments. It is the school's option to accept or decline. If a conference team declines the invitation, the host school may invite another school.

CHEERLEADERS

Pyramids and mounts by cheerleaders are prohibited. Individuals may not stand on another's shoulders or support another individual in any type of mount. No mini trampolines are permitted. Cheerleaders are not to travel to dual contests. Each school is free to determine a policy on tournaments.

SWC CODE OF CONDUCT

As members of the SWC schools, we believe that we should conduct ourselves at all times in a way befitting true sportsmen, realizing that we must be governed by the ethics of honest rivalry and graceful acceptance of the results.

We urge all supporters of our respective teams to enjoy the games as we do, and to do it in a way that will bring credit to our schools, our team, or league and our country.

THE ROLE OF PARENTS

Try not to relive your athletic life through your child in a way that creates pressure; you lost as well as won. You were frightened; you backed off at times, you were not always heroic. Don't pressure your child because of your pride. Athletic children need their parents so you must not withdraw. Remember, there is a thinking, feeling, sensitive, free spirit out there in that uniform who needs a lot of understanding, especially when their world turns bad. If they are comfortable with you win or lose, then they are on their way to maximum achievement and enjoyment.

ATHLETIC GOALS AND OBJECTIVES

Our Goal: The student-athlete shall become a more positive school citizen, with a high moral character.

Our Specific Objectives

The student-athlete shall learn teamwork. To work with others in a successful way a person must develop self discipline, respect for authority, and the spirit of hard work and sacrifice. We must place the team and its objectives higher than personal desires. We must accept success and defeat like a true sportsman, knowing we have done our best.

1. **To Be Successful** - Our society is very competitive. We do not always win, but we succeed when we continually strive to do so. You can learn to accept defeat only by striving to win with earnest dedication. Develop a desire to excel. We must be an active, contributing citizen.
2. **Sportsmanship** - We must learn to treat others as we would have others treat us. We need to develop desirable social traits, including emotional control, honesty, cooperation and dependability.
3. **To Improve** - Continual improvement is essential to good citizenship. As an athlete, you must establish a goal and you must constantly try to reach that goal. Try to better yourself in the skills involved and in those characteristics set forth as being desirable.
4. **Enjoy Athletics** - It is necessary for us to acknowledge all of the personal rewards we derive from athletics and to give sufficiently of ourselves.
5. **To Develop Desirable Health Habits** - It is important to obtain a high degree of physical fitness through exercise and good health habits and to develop a desire to maintain this level of physical fitness after formal competition has been completed.

ATHLETIC PROGRAMS AT THE JUNIOR HIGH

Interscholastic athletics are an integral part of the educational program of Amherst Junior High School. The broad scale athletic program offers developmental opportunities to boy and girl team members who show an interest and willingness to participate in sports.

The Junior High offers two types of interscholastic programs. In the sports of football, cross country, wrestling and track, any student who agrees to follow the school and team rules will be permitted to participate. In the sports of basketball, volleyball, softball and cheerleading the number of participants on each team will be limited.

Experiences through athletics contribute greatly to the knowledge, skills, and emotional patterns which the student possesses. Through athletics, students are provided with skills for becoming better persons and citizens, as well as better athletes.

The Amherst Junior High School athletic program is administered under the guidelines and jurisdiction of the Ohio High Athletic Association and ultimately by the Director of Athletics, Building Principal and the Board of Education of the School District.

GOALS AND OBJECTIVES FOR STUDENT/ATHLETES

1. The primary goal of our Amherst Junior High School athletics is to provide exploratory opportunities in interscholastic sports for team members.
2. We want to give our student athletes the experiences of trying a variety of sports in a controlled program.
3. Student athletes will be taught the fundamental skills of each sport.
4. Each athlete will be properly prepared and developed to move into high school sports if their interest and competitive level increases.
5. Winning and losing, and learning to adjust with each will be placed in perspective relative to our Amherst Junior High School athletes.
6. A well supervised athletic program will be provided where the major influence developed will be good sportsmanship and total participation by team members as much as possible.
7. Participation in Junior High School athletics is a privilege which carries with it responsibilities to our school, the team, student body, the community, and to the athletes themselves. In play and in conduct, students in athletics represent all these groups. The image you portray is a reflection of you, your team, and the school you represent.

RESPONSIBILITIES TO YOURSELF

The most important of these responsibilities is to broaden yourself and develop strength of character. You owe it to yourself to get the greatest possible good from your junior high school experiences. Your studies, your participation in other extracurricular activities as well as in sports, prepare you for your life as an adult.

THE ROLE OF PARENTS

*Always remember that children tend to exaggerate,
both when praised and when criticized. Temper your reaction
and investigate before overreacting.*

Another responsibility you assume as a squad member is to your school. Amherst Junior High School cannot maintain its position as an outstanding school, unless you do your best in whatever activity you wish to engage. By participating in athletics to the maximum of your ability, you are contributing to the reputation of your school.

You assume a leadership role when you are on an athletic squad. The student body and citizens of the community know you. You are on stage with the spotlight on you.

The student body, our community and other communities judge our school by our conduct and attitudes both on and off the field. Because of this community pride, make Amherst Junior High proud of you and your community proud of your school by your faithful exemplification of these ideas.

RESPONSIBILITIES TO OTHERS

As a squad member, you also bear heavy responsibility to your home. If you never give your parents anything to be ashamed of, you will have measured up to the ideal. When you know in your heart that you have lived up to all the training rules, that you have practiced to the best of your ability every day, and that you have played the game “all out” you can keep your self-respect and your family can be proud of you.

CONDUCT OF AN ATHLETE

The conduct of an athlete is closely observed in many areas of life. It is important that your behavior be above reproach in all of the following areas:

On the Field - In the areas of athletic competition, a real athlete does not use profanity or illegal tactics, and learns fast that losing is part of the game and that you should be gracious in defeat and modest in victory. It is always courteous to congratulate the opponent on a well-played game after the contest, whether in defeat or victory.

In the Classroom - In the academic area, a good athlete becomes a good student. A person cannot fall behind in the classroom and think he/she can be an outstanding athlete. Dedication in the classroom will lead to dedication on the field of play. As an athlete, you must plan your schedule so that you give sufficient time and energy to your studies to insure acceptable grades.

A MESSAGE TO THE YOUNG ATHLETE

Take advantage of the self-discipline that made you a success in your chosen sport by applying the same dedication and commitment to your education, and the future holds limitless opportunities.

In addition to maintaining good sportsmanship, an athlete should give respectful attention to classroom activities and show respect for other students and faculty at all times. Horseplay and unnecessary boisterousness are not appropriate habits of behavior.

A healthy athlete should have a good attendance record. NEVER CUT SCHOOL, CLASS, or PRACTICE. The way we act and look at school is of great importance. Athletes should be leaders, and fellow students should respect and follow them.

ATHLETIC DEPARTMENT POLICIES

1. Pay to Participate Fees

The AJH Athletic Department has set forth these guidelines for Pay-to-Participate fees:

For any sport in which there is a limited number of participants (cuts are made), the fee shall be due the day after the teams have been announced.

-- Basketball, Softball, Cheerleading, Volleyball

For sports in which there is unlimited participation (and require no cuts), the fee shall be due prior to the first practice.

-- Track, Cross Country, Wrestling, Football, Drama Club

2. Physicals

All student-athletes must have current physical on file in the AJH office prior to the first tryout or practice date.

3. Dropping or Transferring Sports

If an athlete removes himself from a team over the course of a season, he is not permitted to join another school team until that season has ended. If an athlete may find it necessary to drop a sport, the following procedure must be followed:

- A. Talk to your immediate coach and then the head coach.
- B. Check in all equipment issued to you.

Those individuals selected as squad members on any athletic team shall be considered as members of the team through the completion of that regular sport season unless they are removed for disciplinary reasons, scholastic ineligibility, or mutual agreement between player and coach. All squad members who complete the season shall participate in the athletic award ceremonies.

4. Equipment

School equipment checked out by the student athlete is his/her responsibility. He/she is expected to keep it clean and in good condition. Loss of any equipment is the athlete's financial obligation.

5. Missing Practice

An athlete should always consult his/her coach before missing practice. Missing practice or a game without good reason will be dealt with severely. Sudden illness or some other emergency would be good reason for missing a practice or game.

6. **Travel**

All athletes must travel to and from athletic contests in transportation provided by the Athletic Department. Athletes will remain with their squad and under the supervision of a coach when attending away contests.

THE ROLE OF PARENTS

Be helpful but don't coach. It's tough not to, but it is a lot tougher for the child to be flooded with advice and critical instruction.

All regular school bus rules will be followed: including food, noise, remaining in seat, care and respect for equipment. We encourage all athletes to ride the bus to and from contests, as we feel it builds camaraderie, however, parents/guardians may transport their children in extraordinary circumstances. In these cases, the coach will have paperwork for parents to sign in order to transport their own children.

7. **Conflicts with Extra-Curricular Activities**

An individual student who attempts to participate in too many extra curricular activities will, undoubtedly, be in a position of a conflict of obligations. The Athletic Department recognizes that each student should have the opportunity for a broad range of experiences in the area of extracurricular activities, and to this end, will attempt to schedule events in a manner so as to minimize conflicts.

Students have a responsibility to do everything they can to avoid continuous conflicts. This would include being cautious about belonging to too many activities where conflicts are bound to happen. It also means notifying the faculty advisor involved immediately when a conflict does arise.

8. **School Behavior**

For every five detentions received in a nine (9) week grading period the athlete will miss one contest.

9. **Absence from School**

Students must report to school by 10:30 a.m. to be considered eligible to participate in after-school activities. A student who has been absent all day will not be permitted to participate in any after-school or evening activities. If a student needs to be excused from school for a doctor or dentist appointment, attendance is mandatory before and after the appointment.

THE ROLE OF PARENTS

Try your best to be completely honest about your child's athletic ability, competitive attitude, sportsmanship and actual skill.

10. Hazing

It is the position of the Amherst Board of Education and School District that hazing activities of any type are inconsistent with the educational process and shall be prohibited at all times. No administrator, faculty member, or other employee of the school district shall encourage, permit, condone, or tolerate any hazing activities. No student, including leaders of student organizations, shall plan, encourage, or engage in any hazing. Hazing is defined as doing any act or coercing another, including the victim, to do any act of initiation into any student or other organization that uses or creates a substantial risk of causing mental or physical harm to any persons. Permission, consent, or assumption of risk by an individual subjected to hazing does not lessen the prohibition contained in this policy.

GUIDELINES FOR CUTTING STUDENT/ATHLETES FROM TEAMS GENERAL STATEMENT

Amherst Schools offer (14) sports in the high school and (11) sports in the junior high school. In football, boys' and girls' cross country, boys' and girls' swimming, wrestling, and boys' and girls' track, athletes are not eliminated based on specific number of participants. In the sports of girls' volleyball, boys' and girls' basketball and girls' softball, athletes may be eliminated or denied the privilege of participation because the sport prescribes a specific number that may participate. The number in each sport is prescribed by the coach of that team, with the help of the head coach in that sport, based on many criteria. Some of the criteria that can determine the size of the team could be:

- A. Talent and work ethics of those trying out
- B. Number of individuals trying out
- C. Optimum number determined by coach to conduct productive practices and insure adequate substitutes
- D. Academic eligibility of those individuals trying out. To be eligible a student/athlete must pass at least 5 subjects in which they were enrolled in the preceding grading period.

Our coaches realize that as difficult as cutting is, it is more difficult on student athletes. We should use this opportunity to let these students know that we understand their disappointment, that it is not a personal decision. We ask our coaches to put themselves in the place of the athlete.

THE ROLE OF PARENTS

Make sure your children know that win or lose, scared or heroic, you love them, appreciate their efforts and are not disappointed in them. This will allow them to do their best without fear of failure. Be the person they can look to for constant positive reinforcement.

Training Rules and Regulations

1. Amherst students participating in extracurricular activities are encouraged to adhere to the training rules and regulations all twelve months of the year.
2. Coaches may add additional rules for their sport.
3. Student/Athletes are encouraged to comply with these rules and regulations during the season.

NOTE:

The individual athletic sports seasons shall include those dates that are prescribed by the OHSAA as listed in the current Ohio High School Constitution and Rules, as well as any approved preseason conditioning program.

Rules:

The student/athlete of Amherst must refrain from the following:

1. No use, purchase or possession of the following substances:
 - a. Alcoholic beverages in any form
 - b. Build altering chemicals
 - c. Mood altering chemicals
 - d. Tobacco, in any form

Definitions:

1. Build altering chemicals - include without limitation, anabolic steroids, growth hormones, testosterone or its analogs, human chronic gonadotropin (HCG), and other hormones.
2. Mood altering chemicals - include without limitations, narcotics, depressants, stimulants, hallucinogens, counterfeit controlled substances, marijuana, and prescription drugs, unless authorized by a medical prescription from a licensed physician.
3. Being involved in malicious behavior in sports or in their every day activities is unacceptable. Malicious behavior may be defined as, but not limited to the following examples:
 - a. Vandalism
 - b. Disruption of school activities
 - c. Violations of the rights and responsibilities of other individuals, as adopted by the Amherst Exempted Village Schools and contained in the Student Code of Conduct.
4. The Head Coach/Director of each sport/organization shall have the right to enforce reasonable additional rules or regulations that will be beneficial to the health and welfare of the student/athlete participation in his/her respective sport.

THE ROLE OF PARENTS

Don't compare the skill, courage or attitude of your child with other members of the team.

Violations of Training Rules

Disciplinary Actions:

1. FIRST OFFENSE (Voluntary Referral)

A. Voluntary Referral - When a student/athlete or his/her parents voluntarily share his/her violation of a training rule with a coach or administrator is referred to as a voluntary referral. A voluntary referral may also occur in the following way: when information is obtained from an outside source and when confronted with the alleged violation, the student tells the truth.

- a. A student/athlete is entitled to one (1) voluntary referral in his/her two years at Amherst Junior High School.
- b. PENALTY - The student/athlete will be denied the privilege to participate in one (1) game, match, etc.

B. Involuntary Referral - When a student/athlete violates a training rule during his/her season he/she may be subject to the consequences set forth under involuntary referral.

a. PENALTY - The student/athlete will be denied the privilege to participate in athletic contests for (2) weeks. During this time the athlete must (during the course of a suspension) attend all practices and games, matches, etc. Failure to do so may result in further disciplinary action.

2. SECOND OFFENSE

A. The student/athlete will be denied the privilege of participating for the remainder of the school season.

B. A student/athlete who lies about the facts involved in alleged first offense will be treated as a second offense violator.

C. The student/athlete will not receive any awards in the sport whether earned previously or not.

3. THIRD OFFENSE

A. The student/athlete will be denied participating for the remainder of the school year.

B. A student/athlete may appeal this decision (to the Athletic Policy Board) provided that he/she is willing to undergo a professional evaluation at their expense to determine the degree of student/athlete risk. This appeal may be granted or denied.

Out of Season Violations

- A. A student/athlete found in violation of training rules “Out of Season”:
 - a. Will have this count as their one (1) voluntary referral during his/her two (2) years at Amherst Junior High School.
 - b. Written notification to parents of the violation will be sent home with the student/athlete to be signed and returned to the Athletic Director the next

day.

Peer Mediation

- A. May be requested by either the head coach or student/athlete to assist in resolving an “alleged violation” of training rules.
- B. The peer “jury” will be given the facts to the extent known, listen to the statement of the student/athlete accused of the violation, and render a decision.
- C. The peer “jury” will be made up of student/athletes who have attended a workshop involving “drug free schools”. Peer mediation instruction will be given to train the members of the peer “jury”.
- D. All student/athletes will be required to sign a “Pledge” at the beginning of the season in which they agree to:
 - a. Keep the training rules outlined in the Code of Conduct.
 - b. Agree to the hearing and decision of a “Peer Jury” if the coach or athlete requests this procedure.

Appeals

- A. The student/athlete has the opportunity to appeal.

PARENT COACH COMMUNICATION

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefit to children. As parents, when your children become involved in our program, you have the right to understand what expectations are placed on your child. To be successful, communication must happen. This begins with clear communication from the coach of your child’s program.

THE ROLE OF PARENTS

Make a point of understanding courage and the fact that it is relative. Some of us climb mountains and are afraid to fly. Some of us will fly but turn to jelly if a bee approaches. Everyone is frightened in certain areas. Explain that courage is not the absence of fear, but a means of doing something in spite of fear and discomfort.

COMMUNICATION

YOU SHOULD EXPECT FROM YOUR CHILD’S COACH

1. Locations and time of all practices and contests
2. Philosophy of the coach
3. Expectations the coach has for your child as well as all the players on the squad
4. What is required to be part of the team, i.e. -fees, special equipment, off season conditioning
5. Procedure should your child be injured during participation
6. Discipline that results in removal from participation

APPROPRIATE CONCERNS TO DISCUSS WITH COACHES

1. The treatment of your child, mentally and physically
2. Skill improvement and development
3. Concerns about your child's behavior

ISSUES NOT APPROPRIATE TO DISCUSS WITH COACHES

1. Playing time
2. Team strategy
3. Play calling
4. Other student/athletes

COMMUNICATION COACHES EXPECT FROM PARENTS

1. Concerns expressed directly to the coach
2. Notification of any schedule conflicts well in advance
3. Support towards the commitment of the program. Be sure your student is at practice on time.

IF YOU HAVE A CONCERN TO DISCUSS WITH A COACH

1. Make an appointment with the coach.
2. If the coach cannot be reached, call the Junior High Athletic Director, Mr. Brad Draga, to set up a meeting.
3. Please do not attempt to confront a coach before, during, or following a contest or practice. These are emotional times for both the parent and the coach and this period does not promote objective analysis of the situation.

IF MEETING WITH THE COACH DID NOT PROVIDE SATISFACTORY RESOLUTION

1. Call and set up an appointment with the Athletic Director, to discuss the situation.
2. At this meeting the appropriate next step can be determined.

Since research indicates a student involved in co-curricular activities has a greater chance for success during adulthood, these programs have been established. Many of the character traits required to be a successful participant are exactly those that will promote success after high school. We hope the information provided within this handbook makes both your child's and your experience with the Amherst Junior High School Athletic program less stressful and more enjoyable.

COACHES

Always set a good example for participants and fans to follow, exemplifying the highest moral and ethical behavior.

Instruct participants in proper sportsmanship and expect that they make sportsmanship the No. 1 priority.

Respect judgement of contest officials, abide by rules of the event and display no behavior that could incite fans.

Treat opposing coaches, participants and fans with respect. Shake hands with officials and the opposing coach.

Develop and enforce penalties for participants who do not abide by sportsmanship standards.

PARTICIPANTS

Treat opponents with respect. Shake hands after contests. Do not embarrass, demean, taunt, or intimidate your opponent with ridiculing motions, finger pointing or trash talking.

Respect judgement of contest officials, abide by rules of the event, and display no behavior that could incite fans.

Cooperate with officials, coaches and fellow participants to conduct a fair contest.

Accept seriously the responsibility and privilege of representing school and community; display positive public actions at all times.

Live up to the high standard of sportsmanship established by the coach.

PARENTS, OTHER FANS

Realize that a ticket is a privilege to observe a contest and support junior high school activities, not a license to verbally assault others or be generally obnoxious.

Respect decisions made by contest officials.

Be an exemplary role model by positively supporting teams in every manner possible, including content of cheers and signs.

Applaud during introduction of players, coaches and officials.

Recognize players' performances with applause, regardless of team.

Do not blame the loss of the game on officials, coaches or participants.

Do not use profanity or displays of anger that draw attention away from the game.

Show concern for an injured player, regardless of team.

Encourage surrounding fans to display only sportsmanlike behavior and respect all fans, coaches and participants. Treat competition as just a game. Be a fan, not a fanatic.

SPIRIT GROUPS

Stimulate desired crowd response using only positive cheers, signs and praise without antagonizing or demeaning opponents.

Treat opposing spirit groups and fans with respect.

Recognize outstanding performances on either side of the playing field or court.

Know rules and strategies of the contest in order to cheer at proper times.

Maintain enthusiasm and composure; serve as a role model.

SCHOOL ADMINISTRATORS

Develop a program for teaching and promoting the ideals and fundamentals of good sportsmanship within the school, the league/conference and state.

Provide appropriate supervisory personnel for each interscholastic event.

Support participants, coaches and fans who teach and display good sportsmanship.

Recognize exemplary behavior and actively discourage undesirable conduct by participants, coaches and fans.

SWC SCHOOLS

AVON

Avon Middle School
3075 Stoney Ridge Road
Avon, Ohio 44011
Mascot: Eagles
Colors: Purple & Gold

How To Get There

Take Rt 2 E (I-90) to exit 151,
Right onto Colorado Road
(Rt 611) continue to Stoney
Ridge Road. School is on left.

AVON LAKE

Learwood Middle School
340 Lear Road
Avon Lake, Ohio 44012
Mascot: Shoreman
Colors: Maroon & Gold

Take Rt. 2 E (I-90) to exit 155
(Nagel Road) turn left on Nagel
Rd. Continue on Nagel to Lear
Rd. School is on left. 340 Lear Rd

BEREA

Middleburg Heights Junior High
7000 Paula Drive
Middleburg Hts., Ohio 44130
Mascot: Titans
Colors: Blue & Orange

Turnpike East to exit 161.
Merge onto I-71 North to exit 235
Turn right onto Bagley Road.
Turn left on Big Creek Parkway.
Turn left on Hickox Road. Right
on Paula Dr. School on left.

LAKEWOOD

Garfield Middle School
13114 Detroit Road
Lakewood, Ohio 44107
Mascot: Rangers
Colors: Purple & Gold

Take Rt. 2 E (I-90) to exit 165.
Merge on to S. Marginal Dr. to
West 140th turn left continue
onto Bunts Rd. Turn right on
Detroit Rd. School on left.

Harding Middle School

16601 Madison Avenue
Lakewood, Ohio 44107
Mascot: Rangers
Colors: Purple & Gold

Take Rt. 2 E (I-90) to exit 164
McKinley Ave. Turn left onto
McKinley Ave. Turn right onto
Madison Ave. School is on right.

MIDVIEW

Midview Middle School
12865 Grafton Road
Grafton, Ohio 44044
Mascot: Midshipman (Middie)
Colors: Blue & Silver

Take Rt. 58 South to Russia Rd.
Turn left onto Russia Rd. Turn left
onto Oberlin/Elyria Rd. turn right
onto Lagrange Rd. Turn left onto
US-20E to Grafton Rd. Turn right
onto OH 57 S. Left on Capel Rd.

NORTH OLMSTED

North Olmsted Middle School

27401 Butternut Ridge Road
North Olmsted, Ohio 44070
Mascot: Eagles
Colors: Black & Orange

Turnpike East to exit 151 (I-480E)
Proceed on I-480 E to exit 3.
Turn left onto Sterns Rd. turn
right on Lorain Rd. Slight right onto
Butternut Ridge Rd.

NORTH RIDGEVILLE

North Ridgeville Academic Center

34620 Bainbridge Rd
North Ridgeville, Ohio 44039
Mascot: Rangers
Colors: Blue & Gold

Take Rt.58 South to Rt. 113. Turn
left onto Rt. 113E proceed to
Cleveland St. Turn left onto
Cleveland St. continue onto
Center Ridge Rd. turn right onto Avon
Belden Rd. turn left onto Bainbridge Rd.

OLMSTED FALLS

Olmsted Falls Middle School

27045 Bagley Road
Olmsted Falls, Ohio 44138
Mascot: Bulldogs
Colors: Blue & Gold

Turnpike East to exit 152 Lorain
Rd. Proceed on Lorain Rd. to
Bagley Rd. Turn left onto Bagley
Rd. School is on right. **Football
games at high school 26939
Bagley Rd.**

WESTLAKE

Lee Burneson Middle School

2240 Dover Center Road
Westlake, Ohio 44145
Mascot: Demons
Colors: Green & White

Take Rt. 2 E (I-90) to exit 156.
Turn right onto Crocker Rd. turn
left onto Detroit Rd. Turn right
onto Dover Center. School is on
right. **Football games at Westlake
High School 27830 Hillard Blvd.**

Veterans' Memorial Park

3701 Veterans Memorial Pkwy.
Avon, Ohio 44001

I-90 to Exit 148, right on Detroit Rd.
Go about 1.5 miles
Turn right on Veterans Memorial Pkwy.
(Just past Moon Rd.)

LaGrange Park

422 West Main St,
Lagrange, Ohio

Take Rt. 58/Leavitt Rd. South
Turn left on Rt. 303/Lagrange Richfield
Rd. Go Approx. 4.7 miles. Park on right.

