


GO AMHERST COMETS!

January AJH Lunch Menu

Menu subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>OFFERED DAILY: Pizza or Pepperoni Roll PB & J Sandwich</p> <p>SALAD BAR ASSORTED FRUIT CHOICES ASSORTED MILK</p>	<p>NEW YEARS DAY 1</p>	<p>Staff - in - Service 2</p>	<p>School Resumes 3</p> <p>CHATTERBOX LUNCH MOZZARELLA STICKS W/ MARINARA SAUCE OR MEATBALL SUB MILK</p>	<p>4</p> <p>Cheeseburger on a WG bun or BBQ Pulled Pork/WG bun or WG Corn Dog Baked Beans Baked potato Smiles Milk</p>
<p>7</p> <p>CHATTERBOX LUNCH Fiestada or Beef Burrito Fiesta Rice w/refried beans milk</p>	<p>8</p> <p>CHATTERBOX LUNCH CHICKEN STICKS Crispy Chicken Wrap Baked Tater Tots milk</p>	<p>9</p> <p>CHATTERBOX LUNCH CHICKEN PATTY Popcorn Chicken Baked Potato Smiles milk</p>	<p>10</p> <p>Italian Sub w/ Tomato soup Pasta w/meatsauce w/ brd stick or Chicken Parmesan Sandwich milk</p>	<p>11</p> <p>Hot Dog Toasted Cheese Sandwich or Cheeseburger Baked Beans/ tri-taters milk</p>
<p>14</p> <p>CHATTERBOX LUNCH TACO WEDGES or WALKING TACO or Fiesta Rice w/refried beans milk</p>	<p>15</p> <p>BREAKFAST FOR LUNCH Breakfast sandwiches Breakfast pizza Tri taters Milk</p>	<p>16</p> <p>CHATTERBOX LUNCH Popcorn chicken bowl CHicken Patty Mashed Potatoes w/gravy Corn milk</p>	<p>17</p> <p>Italian Sub w/ tomato soup LASAGNA OR CHEESE RAVIOLI W/ A BREADSTICK milk</p>	<p>18</p> <p>Cheeseburger BBQ PULLED PORK Toasted cheese/tomato soup Baked Beans Baked Potato Smiles milk</p>
<p>NO SCHOOL 21</p> 	<p>22</p> <p>CHATTERBOX LUNCH BBQ Riblet CHICKEN TENDERS Baked Tater Tots milk</p>	<p>23</p> <p>CHATTERBOX LUNCH Sub Sandwiches Chicken Patty Baked Potato Smiles milk</p>	<p>24</p> <p>Chatterbox lunch MACARONI & CHEESE W/A BREAD STICK OR Mozzarella Sticks w/marinara or milk</p>	<p>25</p> <p>Mini Corn Dogs Toasted Cheese Sandwich Cheeseburger Baked Beans Tri Taters milk</p>
<p>28</p> <p>CHATTERBOX LUNCH CRISIPITOS TACO SALAD FIESTA RICE REFRIED BEANS milk</p>	<p>29</p> <p>CHATTERBOX LUNCH CHICKEN NUGGETS Spicy Chicken Patty Comet Star Fries milk</p>	<p>30</p> <p>CHATTERBOX LUNCH CHICKEN PATTY Popcorn Chicken Bowl Mashed Potatoes w/gravy Corn milk</p>	<p>31</p> <p>Chatterbox Lunch MOZZARELLA STICKS W/ MARINARA SAUCE OR MEATBALL SUB milk</p>	<p><i>Lunch price of \$3.25 includes 5 components: Protein, Grain, Fruit, Vegetable & Milk. Students must choose 3-5 components, one being a fruit or vegetable.</i></p>

This institution is an equal opportunity provider

Email Deanne Pastva, RD, LD with any questions about the National School Breakfast & Lunch Programs:

deanne_pastva@amherstk12.org