



**GO AMHERST COMETS!**

**MARCH**

**AJH Lunch Menu**

**Menu subject to change**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<p><b>OFFERED DAILY:</b>                      Pizza or Pepperoni Roll                      PB &amp; J Sandwich  <b>SALAD BAR</b>  <b>ASSORTED FRUIT CHOICES</b>  <b>ASSORTED MILK</b></p>	<p><i>Lunch price of \$3.25 includes 5 components: Protein, Grain, Fruit, Vegetable &amp; Milk. Students must choose 3-5 components, one being a fruit or vegetable.</i></p>			<p>1                      Cheeseburger or                      BBQ Pulled Pork or                      Corn Dog                      Baked Beans                      Baked potato Smiles</p>
<p>4                      CHATTERBOX LUNCH                      Fiestada or                      Beef Burrito                      Fiesta Rice w/refried beans                      milk</p>	<p>5                      CHATTERBOX LUNCH                      CHICKEN STICKS                      Crispy Chicken Wrap                      Baked Tater Tots                      milk</p>	<p>6                      CHATTERBOX LUNCH                      CHICKEN PATTY/Smiles                      Pierogies/ Roll                      FISH SANDWICH                      milk</p>	<p>7                      CHATTERBOX LUNCH                      Pasta w/meatsauce w/ brd stick or Chicken Parmesan Sandwich                      MILK                      milk</p>	<p>8                      Hot Dog. FISH OR                      Toasted Cheese Sandwich                      tri taters                      Mozzarella Sticks w/ marinara                      bAked beans                      milk</p>
<p>11                      CHATTERBOX LUNCH                      TACO WEDGES or                      WALKING TACO or                      Fiesta Rice w/refried beans                      milk</p>	<p>12                      BREAKFAST FOR LUNCH                      Breakfast sandwiches                      Breakfast pizza                      Baked tri-taters                      milk</p>	<p>13                      CHATTERBOX LUNCH                      Popcorn chicken bowl                      CHicken Patty                      Mashed Potatoes w/gravy                      Corn                      milk</p>	<p>14                      CHATTERBOX LUNCH                      LASAGNA OR                      CHEESE RAVIOLI W/ A                      BREADSTICK                      milk</p>	<p>15                      STUFFED SHELLS/roll                      REUBENS OR                      FISH SANDWICH                      Baked Potato Smiles                      milk</p> 
<p>18                      CHATTERBOX LUNCH                      Mexican sampler                      Beefy Cheesy Nachos or                      FIESTa Rice w/Refried Beans                      milk</p>	<p>19                      CHATTERBOX LUNCH                      BBQ Riblet                      CHICKEN TENDERS                      Baked Tater Tots                      milk</p>	<p>20                      CHATTERBOX LUNCH                      Boneless Wings or                      Chicken Patty                      Baked Potato Smiles                      milk</p>	<p>21                      CHATTERBOX LUNCH                      MACARONI &amp; CHEESE W/A                      BREAD STICK OR                      Mozzarella Sticks w/marinara or                      milk</p>	<p>22                      Mini Corn Dogs, FISH OR                      Toasted Cheese Sandwich                      TRI TATERS                      PIEROGIES/ROLL                      MILK</p>
<p>25                      SPRING BREAK</p>	<p>26                      SPRING BREAK</p>	<p>27                      SPRING BREAK</p>	<p>28                      SPRING BREAK</p>	<p>29                      SPRING BREAK</p>

This institution is an equal opportunity provider

Email Deanne Pastva, RD, LD with any questions about the National School Breakfast & Lunch Programs:

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