



GO AMHERST COMETS!		DECEMBER		AJH Lunch Menu	
		Menu subject to change			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
3	4	5	6	7	
CHATTERBOX LUNCH Fiestada or Beef Burrito Fiesta Rice w/refried beans MILK	CHATTERBOX LUNCH CHICKEN STICKS Crispy Chicken Wrap Baked Tater Tots	CHATTERBOX LUNCH CHICKEN PATTY Popcorn Chicken Baked Potato Smiles	CHATTERBOX LUNCH Pasta w/meatsauce w/ brd stick or Chicken Parmesan Sandwich Chili with Cornbread Milk	Hot Dog on a WG bun or Toasted Cheese Sandwich or Cheeseburger on a WG bun Baked Beans Tri Taters	
10	11	12	13	14	
CHATTERBOX LUNCH TACO WEDGES or WALKING TACO or Fiesta Rice w/refried beans MILK	CHATTERBOX LUNCH CHICKEN RINGS Grilled Chicken on a bun Baked potato coins MILK	CHATTERBOX LUNCH Popcorn chicken bowl CHicken Patty Mashed Potatoes w/gravy Corn MILK	CHATTERBOX LUNCH LASAGNA OR CHEESE RAVIOLI W/ A BREADSTICK MILK	Cheeseburger BBQ PULLED PORK TOASTED CHEESE Baked Beans Baked Potato Smiles Milk	
17	18	19	20	21	
CHATTERBOX LUNCH Mexican sampler Beefy Cheesy Nachos or FIESTA Rice w/Refried Beans MILK	CHATTERBOX LUNCH BBQ Riblet CHICKEN TENDERS Baked Tater Tots MILK	CHRISTMAS LUNCH Chicken Parmesan or Stuffed shells Au gratin potatoes, roll Holiday Dessert Milk	CHATTERBOX LUNCH MACARONI & CHEESE W/A BREAD STICK OR Mozzarella Sticks w/marinara or MILK	Mini Corn Dogs or Toasted Cheese Sandwich or Cheeseburger on a WG bun Baked Beans Tri Taters	
24	25	26	27	22	
WINTER BREAK BEGINS					
Have a Safe and Happy Holiday Season!					
31	New Years Day 1	2	SCHOOL RESUMES 3	4	
		Staff In-Service NO SCHOOL	CHATTERBOX LUNCH MOZZARELLA STICKS W/ MARINARA SAUCE OR MEATBALL SUB MILK	Cheeseburger on a WG bun or BBQ Pulled Pork/WG bun or WG Corn Dog Baked Beans Baked potato Smiles Milk	
This institution is an equal opportunity provider					
Email Deanne Pastva, RD, LD with any questions about the National School Breakfast & Lunch Programs:					
deanne_pastva@amherstk12.org					