





STEELE HIGH SCHOOL		JANUARY			
	Winter Break 1	No School Teacher In-Service 2			
			Spaghetti with meatballs or Chicken Parmesan Italian green beans WG cheese bosco stick Salad bar Fruit bar Milk	Chicken patty bar, grilled or spicy Comet Stars Toppings Bar Salad Bar Fruit Bar Milk	
7		8	9	10	11
Two ultra grain Comet		Beefy cheese nachos or	Sweet Chili Thai chicken	Hot Italian sub sandwich or	Gyros-chicken, beef or lamb/beef
Chicken tender wraps		Taco salad bar	Brown rice or	Italian toasted cheese	Lettuce, tomato onion and tzatziki
Baked potato smiles		Snickerdoodle	Lo Mein noodles	Tomato basil soup w/spicy goldfish	or Loaded Hot Dog
Salad bar		Refried beans	Stir fry vegetables, Fortune cookie	Spiral fries	French Fries
Fruit bar	Salad Bar	Salad bar	Salad bar	Salad Bar	
Milk	Fruit Bar	Fruit bar	Fruit bar	Fruit Bar	
Milk	Milk	Milk	Milk	Milk	
14	15	16	17	18	
Chicken Chunks	Chipotle chicken or beef	Tangerine chicken	Fettuccine w/ Chicken Alfredo or	Burger bar, beef & turkey	
Mashed Potatoes, carrot coins	Cilantro rice, black beans	Asian brown rice or Lo mein	Lasagna rolls	Seasoned potato wedges	
Berry Crisp	Corn, salsa and cheese	Noodles, fortune cookie	Sugar snap peas	Topping Bar to include chili, cheese	
Eight Grain dinner roll	Snickerdoodle cookie	Sesame broccoli	WG dinner roll	lettuce, onions, pickles	
Salad Bar	Salad bar	Salad bar	Salad bar	Salad Bar	
Fruit Bar	Fruit bar	Fruit bar	Fruit bar	Fruit Bar	
Milk	Milk	Milk	Milk	Milk	
Martin Luther King Day NoSchool 21	22	23	24	25	
	Chicken quesadillas	Sriracha chicken	Lasagna with meat sauce w/breadstick or	BBQ pork or Rib on bun	
	Fiesta rice, beans, WG tortilla	Brown rice or lo mein noodles	Ravioli	Sweet Potato & Regular Tater Tots	
	Chips and salsa	Stir fry vegetables	Sicilian vegetables	Chicken noodle soup with	
	Snickerdoodle	Fortune Cookies	Salad bar	Spicy Crackers	
	Salad bar	Salad bar	Fruit bar	Salad bar	
	Fruit bar	Fruit bar	Milk	Fruit bar	
	Milk	Milk		Milk	
28	29	30	31		
Chicken tenders	Tacos, shredded chicken or	Cherry blossom chicken	Spaghetti with meatballs or		
Mashed potatoes	Beef with lettuce, cheese	Brown rice or lo mein noodles	Chicken Parmesan		
Sweet potato soufflé	Tomatoes, onions and salsa	Sesame broccoli	Italian green beans		
Apple crisp	Refried beans, snickerdoodle cookie	fortune cookies	WG cheese bosco stick		
Salad bar	Salad Bar	Salad bar	Salad bar		
Fruit bar	Fruit Bar	Fruit bar	Fruit bar		
Milk	Milk	Milk	Milk		
This institution is an equal opportunity provider and employer					
Email Deanne Pastva, RD, LD with any questions about the National School Breakfast & Lunch Programs: deanne_pastva@amherst12.org					