

## CIGNA Dental Care® (DHMO<sup>1</sup>) and Dental PPO (DPPO<sup>2</sup>)

Find a CIGNA Dental Care (DHMO or DPPO) Core network dentist or specialist by name, specialty or location in several different ways.

### Go to myCIGNA.com – the easiest way!

Through [www.myCIGNA.com](http://www.myCIGNA.com), you can search for a DHMO or DPPO Core network dentist by name, specialty\* or location. MyCIGNA automatically knows which CIGNA dental plan and network you belong to. Your home zip code will be entered automatically, but you can change the zip if you are looking for a dentist in another area of town.\*\*

### Go to the online directory on [www.cigna.com](http://www.cigna.com)

You can search the online provider directory.

- Click **“Provider Directory”** at the top of the page.
- Click **“Dentist”**. Enter your search criteria – location, name, etc. and click **“Next.”**
- If you’re looking for a DHMO dentist or specialist, select **“CIGNA Dental Care (HMO),”** then **“Dental Care Network”** and a dentist type\* in the drop-down boxes.\*\*
- If you’re looking for a DPPO Core dentist or specialist, select **“CIGNA Dental PPO”** in the drop-down box, then select **“Core Network”** and the dentist type you’re looking for.

### Call us at 1.800.CIGNA24 (1.800.244.6224)

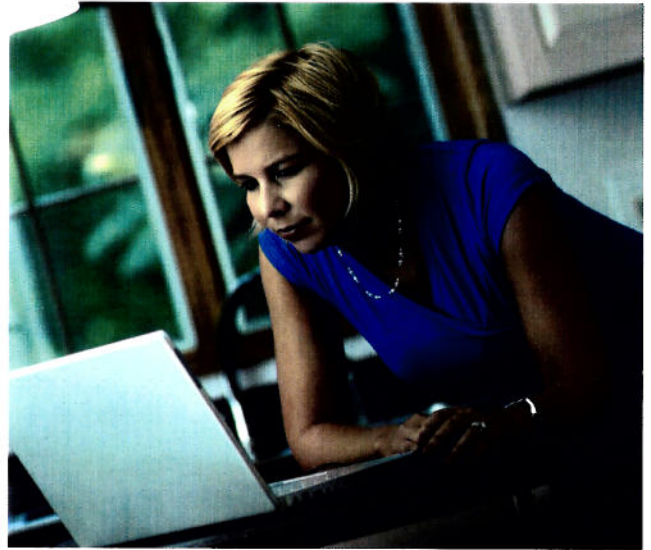
You can use the automated Dental Office Locator or speak to a customer service representative for help locating a CIGNA DHMO or DPPO Core network dentist or specialist.\* You can also request a customized directory based on the type of dentist you are looking for in your area.\*\*

### Call your current dentist to see if he or she participates.

When you call, be sure to ask if your dentist participates in the CIGNA dental network for your plan.\*\*

\* Please note that CIGNA Dental Care® (DHMO) members require referrals to receive care from all network specialists **except** for orthodontists and pediatric dentists (members under age 7). Therefore, results provided are only for General Dentists, orthodontists, and pediatric dentists.

\*\*Out of network benefits are not available with the CIGNA DHMO plan.



### Your CIGNA dental plan also covers specialty care

- **ENDODONTIST:** Treats diseases of the tooth root, dental pulp, and surrounding tissue
- **ORAL SURGEON:** Specializes in the surgical treatment of the jaw, face, and teeth
- **ORTHODONTIST:** Prevents and corrects irregularities of the teeth using braces
- **PEDODONTIST (or Pediatric Dentist):** Treats children
- **PERIODONTIST:** Studies and treats gum disease
- **PROSTHODONTIST:** Specializes in extensive restorative and reconstructive treatments using dental prosthetics



[www.cigna.com](http://www.cigna.com)

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