

A Small Matter

Learning about Children's Brain Health

Parent Information Night

Focus Topics: Building Resilience in Children

Guest Speaker : Penny Morgan from Firelands Counseling & Recovery

When: Thursday, April 4, 2019 5:30 p.m. ~ 7:30 p.m.

5:30 - Doors Open, walk around, raffle tickets ~

Come and learn about community resources!

(3 prizes will be drawn at this time - Must be present to win)

6:30 - Dinner, Speaker, Raffle Drawings

(4 prizes will be drawn at this time - Must be present to win)

7:00 - Mindfulness Exercise with Amanda Bibbo

(1 prize will be drawn at this time - Must be present to win)

**Cost: Nothing - However, additional raffle tickets
can be purchased at the door**

Who should attend? Everyone with students at Nord Middle School!

Brain disorders affect 1 in 5 elementary aged children and yet it remains a "hidden condition" that few talk about or understand. We encourage everyone to attend whether affected by a mental health diagnosis or not. We are stronger together! Plus, there will be dinner and some great prizes, including; a lottery tree, Kalahari gift certificates, store gift cards and more! Please RSVP by sending in the bottom portion of this form. An RSVP in advance will get each person three tickets. Walk-ins the night of the event will earn one ticket per person - more tickets can be purchased with money going towards helping to fund this event in the future.

If you can find childcare that would be great! However, do not let that stop you from attending. We will have some help supervising a movie for 3-10 yr olds during the speech.

RSVP for A Small Matter Parent Information Night

Student Name _____

Adults _____ **Kids** _____ **Homeroom** _____

Check here if you intend to eat dinner with us _____

Contact julie_hammond@amherstk12.org or jennifer_call@amherstk12.org with questions

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