



National Alliance on Mental Illness

NAMI | Lorain County

You are not alone.

Family-to-Family

A Free, 10-week course for families, partners and friends of individuals with mental illness. These classes are taught by highly trained family members and caregivers of individuals living with mental illnesses of different types.

The course deals with the emotional responses families have to the trauma of mental illness. Many family members who attend this class often describe the class as a life changing experience.

Hope



STARTING
Sept. 13 - Nov. 15
2018

Thursdays
6:30 PM - 8:30 PM
LCCC Wellington Center
151 Commerce Drive
Wellington, Ohio



You MUST register for these classes by calling the NAMI office at 440-233-8181 ext. 224

All materials are included FREE of Charge