



GO AMHERST COMETS!		February	AJH Lunch Menu						
MONDAY		TUESDAY	Menu subject to change WEDNESDAY	THURSDAY	FRIDAY				
		OFFERED DAILY: Pizza or Pepperoni Roll PB & J Sandwich SALAD BAR ASSORTED FRUIT CHOICES ASSORTED MILK			1 Cheeseburger on a WG bun or BBQ RIBLET WG Corn Dog Baked Beans Baked potato Smiles milk				
					4	5	6	7	8
					CHATTERBOX LUNCH Fiestada or Beefy Cheeseey Nachos Fiesta Rice w/refried beans milk	CHATTERBOX LUNCH CHICKEN STICKS Crispy Chicken Wrap Baked Tater Tots milk	CHATTERBOX LUNCH CHICKEN PATTY Popcorn Chicken Baked Potato Smiles milk	Pasta w/meatsauce w/ brd stick Chicken Parmesan Sandwich or Mozzarella cheese sticks w/ marinara sauce MILK	Hot Dog on a WG bun or Toasted Cheese Sandwich or Cheeseburger on a WG bun Baked Beans Tri Taters
					11	12	13	14	15
TACO WEDGES or WALKING TACO or Fiesta Rice w/refried beans milk		BREAKFAST FOR LUNCH Breakfast sandwiches Breakfast pizza Baked potato coins MILK	CHATTERBOX LUNCH Popcorn chicken bowl CHicken Patty Mashed Potatoes w/gravy Corn	ITALIAN TOASTED CHEESE LASAGNA OR CHEESE RAVIOLI W/ A BREADSTICK VALENTINE TREAT milk	No School Conferences				
18 President's Day 		19 CHATTERBOX LUNCH BBQ Riblet CHICKEN TENDERS Baked Tater Tots milk	20 Sub sandwiches Chicken Patty Baked Potato Smiles milk	21 CHEESE STUFFED SHELLS MACARONI & CHEESE W/A BREAD STICK OR Mozzarella sticks milk	22 Mini Corn Dogs or Toasted Cheese Sandwich or Cheeseburger on a WG bun Baked Beans Tri Taters milk				
25 CRSIPITOS TACO SALAD FIESTA RICE REFRIED BEANS,FIESTA RICE milk		26 CHATTERBOX LUNCH CHICKEN NUGGETS Spicy Chicken Patty Comet Star Fries milk	27 CHATTERBOX LUNCH CHICKEN PATTY Popcorn Chicken Bowl Mashed Potatoes w/gravy Corn milk	28 CHATTERBOX LUNCH MOZZARELLA STICKS W/ MARINARA SAUCE OR MEATBALL SUB milk	Lunch price of \$3.25 includes 5 components: Protein, Grain, Fruit, Vegetable & Milk. Students must choose 3-5 components, one being a fruit or vegetable.				
This institution is an equal opportunity provider									
Email Deanne Pastva, RD, LD with any questions about the National School Breakfast & Lunch Programs:									
deanne_pastva@amherstk12.org									