



STEELE HIGH SCHOOL		FEBRUARY		
				1
				Chicken patty bar, grilled or spicy
				Comet Stars
				Toppings Bar
				Salad Bar
				Fruit Bar
				Milk
				Milk
4	5	6	7	8
Two ultra grain Comet	Beefy cheese nachos or	Sweet Chili Thai chicken	Hot Italian sub sandwich or	Gyros-chicken, beef or lamb/beef
Chicken tender wraps	Taco salad bar	Brown rice or	Italian toasted cheese	Lettuce, tomato onion and tzatziki
Baked potato smiles	Snickerdoodle	Lo Mein noodles	Tomato basil soup w/spicy goldfish	or Loaded Hot Dog
Salad bar	Refried beans	Stir fry vegetables, Fortune cookie	Spiral fries	French Fries
Fruit bar	Salad Bar	Salad bar	Salad bar	Salad Bar
Milk	Fruit Bar	Fruit bar	Fruit bar	Fruit Bar
	Milk	Milk	Milk	
11	12	13	14	15
Chicken Chunks	Chipotle chicken or beef	Tangerine chicken	Fettuccine w/ Chicken Alfredo or	
Mashed Potatoes, carrot coins	Cilantro rice, black beans	Asian brown rice or Lo mein	Lasagna rolls	
Berry Crisp	Corn, salsa and cheese	Noodles, fortune cookie	Sugar snap peas	
Eight Grain dinner roll	Snickerdoodle cookie	Sesame broccoli	WG dinner roll	
Salad Bar	Salad bar	Salad bar	Salad bar	
Fruit Bar	Fruit bar	Fruit bar	Fruit bar	
Milk	Milk	Milk	Milk	
PRESIDENT'S DAY 18	19	20	21	22
	Chicken quesadillas	Sriracha chicken	Lasagna with meat sauce w/breadstick or	BBQ pork or Rib on bun
	Fiesta rice, beans, WG tortilla	Brown rice or lo mein noodles	Ravioli	Sweet Potato & Regular Tater Tots
	Chips and salsa	Stir fry vegetables	Sicilian vegetables	Chicken noodle soup with
	Snickerdoodle	Fortune Cookies	Salad bar	Spicy Crackers
	Salad bar	Salad bar	Fruit bar	Salad bar
	Fruit bar	Fruit bar	Milk	Fruit bar
	Milk	Milk	Milk	
25	26	27	28	
Chicken tenders	Tacos, shredded chicken or	Cherry blossom chicken	Spaghetti with meatballs or	
Mashed potatoes	Beef with lettuce, cheese	Brown rice or lo mein noodles	Chicken Parmesan	
Sweet potato soufflé	Tomatoes, onions and salsa	Sesame broccoli	Italian green beans	
Apple crisp	Refried beans, snickerdoodle cookie	fortune cookies	WG cheese bosco stick	
Salad bar	Salad Bar	Salad bar	Salad bar	
Fruit bar	Fruit Bar	Fruit bar	Fruit bar	
Milk	Milk	Milk	Milk	
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Email Deanne Pastva, RD, LD with any questions about the National School Breakfast & Lunch Programs: deanne_pastva@amherst12.org				